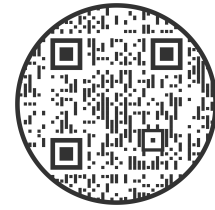




Intelligent Remedies, Inc.

www.intelligentremedies.com



SOLIDsleep™

Safe & Restful Sleep

Product Information



SOLIDsleep™ is a phytotherapeutic formulation combining extracts of **Valeriana officinalis**, **Magnolia officinalis**, **Nepeta menthiodes**, and **Passiflora edulis**, produced using advanced laboratory extraction apparatus and proprietary production protocols. This formulation brings together a synergistic blend of historically valued botanicals, each selected for its documented role in traditional herbal practice supporting restful sleep, relaxation, and overall nighttime well-being.

Valeriana officinalis (Valerian) Native to Europe and parts of Asia, valerian has been documented in Greek, Roman, and European herbal traditions for centuries, where it was historically prepared as a calming botanical to support restful sleep and ease of relaxation. Researchers have investigated valerenic acid and related constituents found in *Valeriana officinalis* for their interactions with neurological calming pathways, and botanical literature has explored how these compounds may influence processes related to sleep onset and overall relaxation response.

Magnolia officinalis (Magnolia Bark) A revered botanical in Traditional Chinese Medicine with over a thousand years of documented use, magnolia bark has been historically prepared as a calming tonic to support emotional ease and restful sleep. Researchers have investigated honokiol and magnolol constituents found in *Magnolia officinalis* for their interactions with neurological and stress-response signaling pathways, and botanical literature has explored how these compounds may influence processes related to relaxation and sleep quality.

Nepeta menthiodes (Catnip) Used across European and Middle Eastern herbal traditions for centuries, nepeta has been historically prepared as a gentle calming botanical to support ease of relaxation and restful sleep. Researchers have investigated nepetalactone and related constituents found in *Nepeta menthiodes* for their interactions with neurological calming pathways, and botanical literature has explored how these compounds may influence processes related to relaxation and nighttime comfort.

Passiflora edulis (Passion Fruit) Native to South America and long incorporated into traditional herbal practice across tropical regions, passion fruit has been historically valued for its calming and restorative properties. Researchers have investigated compounds found in *Passiflora edulis* for their interactions with neurological relaxation pathways and stress response signaling, and botanical literature has explored how fruit and leaf extracts may influence processes related to emotional and physical ease.

- **Highly bio-available due to heat and hydro-alcohol reflux extraction**
 - **Organic, Non-GMO, Gluten free**
- **Extracted with Maui-grown organic sugarcane alcohol** and deep ocean mineral water

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.