Intelligent Remedies, Inc.
www.intelligentremedies.com

Feminastil
MENOPAUSE RELIEF

Product Information

Feminastil Menopause Relief Formula is a phytotherapeutic extract combining six botanicals with deep roots in Traditional Chinese Medicine and Ayurvedic practice, each historically associated with women's wellness and systemic vitality, and investigated in modern botanical research for their effects on hormonal signaling pathways, adaptogenic mechanisms, and the body's natural regulatory processes during life transitions.

Rehmannia glutinosa preparata (Prepared Rehmannia / Shu Di Huang) A cornerstone of Traditional Chinese Medicine for centuries, prepared rehmannia has been historically prepared as a deeply nourishing tonic associated with blood-building properties, systemic vitality, and restorative support for women's wellness. Researchers have investigated iridoid glycosides and catalpol compounds found in *Rehmannia glutinosa* for their effects on hormonal regulatory pathways, anti-inflammatory mechanisms, and endocrine-associated signaling processes, with botanical literature exploring their interactions with systemic balance and cellular protective mechanisms.

Dioscorea opposita (Chinese Yam / Shan Yao) Native to China and long used in Traditional Chinese Medicine as a restorative tonic, Chinese yam has been historically prepared as an adaptogenic botanical associated with digestive support, systemic vitality, and hormonal balance. Researchers have investigated diosgenin and polysaccharide compounds found in *Dioscorea opposita* for their adaptogenic and endocrine-supportive properties, with peer-reviewed literature exploring their interactions with adrenal-associated signaling pathways and metabolic regulatory mechanisms.

Angelica sinensis (Dong Quai / Female Ginseng) Native to China and a foundational herb in Traditional Chinese Medicine for centuries, dong quai has been historically prepared as a blood-nourishing tonic associated with women's wellness, circulatory support, and systemic balance. Researchers have investigated ferulic acid, ligustilide, and related compounds found in *Angelica sinensis* for their effects on circulatory regulatory pathways and endocrine-associated mechanisms, with botanical literature exploring their potential interactions with hormonal signaling processes and systemic inflammatory balance.

Paeonia lactiflora alba (White Peony Root / Bai Shao) A foundational herb in Traditional Chinese Medicine for centuries, white peony root has been historically prepared as a tonic associated with systemic harmony, circulatory support, and emotional balance. Researchers have investigated paeoniflorin and related glycoside compounds found in *Paeonia lactiflora* for their effects on hormonal regulatory pathways, inflammatory signaling mechanisms, and the body's natural stress-response systems, with peer-reviewed literature exploring their potential interactions with neuromuscular and endocrine-associated processes.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Panax ginseng (Asian Ginseng) One of the most revered tonics in Traditional Chinese and Korean medicine, Asian ginseng has been used for thousands of years, historically prepared as a restorative botanical associated with vitality, mental clarity, and physical endurance. Researchers have extensively studied ginsenosides found in *Panax ginseng* for their adaptogenic effects on stress-response pathways, cognitive support mechanisms, and systemic energy regulation, with peer-reviewed literature exploring their potential interactions with endocrine-associated signaling and physical performance markers.

Cinnamomum verum (Ceylon Cinnamon) True cinnamon, native to Sri Lanka, has been traded and used in culinary and herbal traditions across South Asia, the Middle East, and Europe for thousands of years, historically prepared as a warming digestive tonic and circulatory support. Researchers have extensively studied *Cinnamomum verum* for its cinnamaldehyde and polyphenol content, including phenolic acids and flavonoids, examining their potential effects on oxidative stress pathways, blood sugar metabolism, circulatory function, and inflammatory regulatory mechanisms in contemporary botanical and nutritional science.

- **Highly bio-available due to heat and hydro-alcohol reflux extraction**
- **Organic**, Non-GMO, Gluten free
- Extracted with **Maui-grown organic sugarcane alcohol** and deep ocean mineral water

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