



Thetaphoria™ Product Info Sheet

Phytotherapeutic Support for Contemplative Awareness & Heart Coherence

Neuro-Adaptogenic / Physiological Modulator

Intended Use: Adjunct to meditation, prayer, or heart-coherence practice

Thetaphoria™ is a phytotherapeutic elixir formulated to awaken tranquil clarity, loving presence, and inner stillness. It produces an awareness lift in monoaminergic tone and oxytocin-linked warmth—supporting “God-awareness” states through gentle physiological harmonization rather than entheogenic intoxication. Designed for daily contemplative use, Theophoria bridges neuroscience and spiritual practice, aligning the mind’s focus with the heart’s coherence.

Botanical	Function
<i>Piper methysticum</i> (root)	GABA-A modulation; tranquil grounding
<i>Rhodiola rosea</i> (root)	Adaptogenic COMT modulation; stress resilience
<i>Nymphaea caerulea</i> (blue lotus flower)	Dopaminergic uplift; euphoric calm
<i>Bacopa monnieri</i> (aerial)	5-HT1A support; memory + focus
<i>Cinnamomum verum</i> (bark)	Oxytocin activation; metabolic warmth
<i>Nelumbo nucifera</i> (stamen/leaf)	Parasympathetic entrainment; heart-centered awareness
<i>Lavandula angustifolia</i> (flower)	Cortisol reduction; vagal activation
<i>Banisteriopsis caapi</i> (stem)	RIMA β -carbolines (harmine, harmaline, THH) for serotonin/dopamine balance
<i>Melissa officinalis</i> (leaf)	Calmative anti-oxidant; pH balance
<i>Nymphaea caerulea hydrosol</i>	Aromatic vehicle; enhances oxytocin resonance

Phenomenological Profile:

Gentle euphoria → emotional openness → unified stillness.

Enhances gratitude, empathy, and intuitive insight; no perceptual distortion.

- Meditative and contemplative enhancement
- Heart-coherence and breath practice facilitation
- Emotional grounding and resonant empathy
- Non-psychedelic spiritual initiation support
- Integrative therapy contexts (stress, burnout, anxiety resilience)