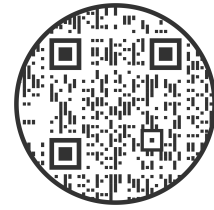




Intelligent Remedies, Inc.

www.intelligentremedies.com



Cnidium M™

Organic Extract

## Product Information



**Cnidium M** is a phytotherapeutic extract combining four botanicals with deep roots in Traditional Chinese Medicine and Ayurvedic practice, each investigated in modern botanical research for their effects on immune signaling pathways, inflammatory regulatory mechanisms, and the body's natural cellular defense processes.

**Cnidium monnieri (Cnidium Fruit / She Chuang Zi)** Native to China and widely used in Traditional Chinese Medicine for centuries, cnidium fruit has been historically prepared as a restorative tonic associated with kidney vitality, systemic strength, and overall wellness. Researchers have extensively studied osthole which is the primary coumarin compound found in *Cnidium monnieri*. It's been studied for its immunomodulatory and anti-inflammatory properties, with peer-reviewed literature exploring its effects on NF-KB and MAPK-associated signaling pathways, inflammatory cytokine expression, and the body's natural immune regulatory mechanisms.

**Curcuma longa (Turmeric)** Native to South and Southeast Asia, turmeric has been a cornerstone of Ayurvedic and Traditional Chinese Medicine for thousands of years, historically prepared as a warming tonic associated with joint comfort, digestive health, and systemic balance. Researchers have extensively studied curcumin, the primary polyphenol found in Turmeric for its effects on inflammatory signaling pathways, oxidative stress, and immune-related cellular mechanisms, with a substantial body of peer-reviewed literature exploring its interactions with pathways associated with tissue health and cellular resilience.

**Zingiber officinale (Ginger)** Ginger has been used as both a culinary and medicinal plant across South Asian, East Asian, and Middle Eastern traditions for thousands of years, historically prepared as a warming tonic associated with digestive ease, circulatory support, and overall vitality. Researchers have studied bioactive compounds in *Zingiber officinale*, including gingerols and shogaols for their effects on inflammatory signaling pathways and immune-related cellular mechanisms, with botanical literature exploring their potential interactions with the body's natural regulatory processes.

**Cinnamomum verum (Ceylon Cinnamon)** True cinnamon, native to Sri Lanka, has been traded and used in culinary and herbal traditions across South Asia, the Middle East, and Europe for thousands of years, historically prepared as a warming digestive tonic and circulatory support. Researchers have extensively studied *Cinnamomum verum* for its cinnamaldehyde and polyphenol content — including phenolic acids and flavonoids — examining their potential effects on oxidative stress pathways, blood sugar metabolism, and circulatory function in contemporary botanical and nutritional science.

- **Highly bio-available due to heat and hydro-alcohol reflux extraction**
- **Organic**, Non-GMO, Gluten free
- Extracted with **Maui-grown organic sugarcane alcohol** and deep ocean mineral water

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.